

## Important Dates

**15- 19 May**

Careers Week

**16 May**

Auckland Writers'

Festival

CZ Year 7 Girls Football

BoT Meeting – 6pm

**17 May**

Burn Bright Leadership

Workshop

**18 May**

Talent Quest Finals

CZ Year 8 Girls Football

**19 May**

Pink Shirt Day

**23 May**

CZ Year 8 Boys Football

**24 May**

Black and White Social

**25 May**

CZ Year 7 Boys Football

Production Rehearsal Day

**31 May**

Modular Conferences

**2 June**

Teacher Only Day

**5 June**

King's Birthday Holiday

## Principal's Message

You may be aware the Ministry of Education is undertaking a Curriculum Refresh at the moment. The new framework follows an - Understand, Know, Do - process for each subject. In my 25 years of teaching this will be the fourth major curriculum tweak I have unpacked. I'm anticipating this (*Understand, Know, Do*) approach will not have significant change for our students/akonga classroom programmes, as here at Ponsonby we have always had a focus on Knowledge, Skills and Practical Application, so not too dis-similar to *Understand, Know, Do*. It does however mean the "refresh" will need us to update teacher planning units (hence the directed MoE Teacher Only Days).

The New Zealand Curriculum has seven essential learning areas (subjects) and also other important themes for schools to cover. In Term 1 we covered Financial Literacy and entrepreneurialism in our DEEP Learning programme coupled with the Market Day.

This week students have a focus on **Careers Education**. Each teacher/kaiako will be including aspects of careers in their programmes and Matt Bennie has organised a selection of interesting guest speakers throughout the week.

We also have our **Talent Quest Finals** on Thursday, another of my favorite events for the year - I love following our past students, many careers have started right there, on that Ponsonby stage. Everyone is welcome to attend, it will be a fabulous afternoon. The school's largest ever Kapa Haka group (70 pupils) will also be performing!

This school has always had a "top of the cliff" approach towards bullying. This Friday is national **Pink Shirt Day**. Being part of a national movement towards positive change is such a powerful feeling, so don't be surprised when your child picks out pink shirts, ties and pants for you to wear on Friday... I'll be reminding them!

<https://www.pinkshirtday.org.nz>

Ngā mihi nui

**Nick Wilson**

**Principal**

## In this week's issue...

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- Talent Quest
- School Social
- School TV – Helpful information for parents
- Sports Updates – Netball, Hockey, Water polo, Orienteering, Swim League
- Great House Race
- Burn Bright Workshop
- Teacher Only Day
- Kids' Lit Quiz
- Modular Conferences
- ICAS
- Camp
- Kids-2-Camp
- School Hoodie and Trackpants

## Talent Quest Invite

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14 amazing performers have been selected to perform in Ponsonby Intermediate's annual Ponsonby's Got Talent this **Thursday 18th May**. This will take place in the hall commencing at 1:30pm. All whānau are encouraged to come along and support our brave performers.

## Black and White Social - Disco

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Ponsonby's first Social of 2023 is coming up next week on **Wednesday 24th May** from **6:00 pm to 8:30 pm**. Students are able to buy tickets this week from the Room 11 window before school and at morning tea for \$5. With a DJ, a photo booth and lots of prizes up for grabs for best dressed, it's sure to be a fun night! Money raised will go towards helping our Kids to Camp and any student council projects.

For their safety, after the social, students **must** be picked up from the Hall Foyer by their parent/caregiver.

The field may not be available for parking so please have a Plan B around pick up and drop off.

## Helpful Information for Parents and Caregivers

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Parents and carers can play a crucial role in their children's mental health. As a result, staying informed on the current state of youth mental health is vital, as it not only affects individuals, but also families and communities. According to recent research, the frequency of mental health disorders among young people is increasing, with anxiety, depression, and self-harm being among the most common challenges.



One of the reasons being attributed to this rise is the heightened stress and anxiety that many young people face in today's society. Academic success, social media, and family issues are all influencing factors. Many young people are still suffering the long-term consequences of the pandemic, such as social isolation, uncertainty, and loss.

Parents can play an important role in their children's mental health. Creating a safe and open environment for your children to talk about their emotions, thoughts, and feelings is vital. Encouraging healthy habits like regular exercise, a balanced diet, and proper sleep can help reduce their stress levels and boost your child's overall mental health. There are also many resources and services available to children, adolescents, and their families, such as school counsellors, various mental health organisations, support lines, and of course, mental health professionals. It is important to remember that seeking help is a show of strength, not weakness, and that early intervention is critical in addressing young people's mental health difficulties.

This edition of SchoolTV, discusses some of the major mental health issues affecting young people and how to support a child experiencing them.

We hope you take time to reflect on the information offered in this edition of SchoolTV and we always welcome your feedback. If you have any concerns about your child, please contact the school counsellor for further information or seek medical or professional help.

Here is the link to the **The State of Youth Mental Health - NZ** edition of SchoolTV <https://ponsonbyintermediate.nz.schooltv.me/newsletter/state-youth-mental-health-nz>

## Sports Update

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### Netball, Hockey and Water Polo

Teams have all been vigorously training in preparation for their weekly competitions starting this term. Thanks to coaches, managers and parents for supporting their teams to get off to a positive start of first round grading games. Good luck to these teams for a fun season of sports.

## Swim League

The **Swim League** team started Round 1 of the Auckland Intermediate Schools League competition last Saturday at pace in the pool. The team of 13 swimmers gained some excellent race results to win 1st place on points for this round. Schools will accrue points for each round throughout Terms 2 and 3 and at the conclusion of the 8 rounds, points overall will determine schools' placings. Shout out to the team manager Brian Dettling and parents for organising swimmers on the day. Dates for Term 2 & 3 meets (Saturdays): 20th May; 10th, 24th June; 5th, 12th August and 9th, 16th September.

## CZ Water Polo

Ponsonby 'Sharks' Water Polo team competed in the CZ Tournament last Monday at Diocesan Aquatic Centre. It was a fast-paced programme and well-run day. The team played strongly together to take out 3 wins in the pool round games - v Mt Roskill 10-0, v St Mary's 3-1 and v Balmoral 4-3. Quarters and semi-final round games were challenging, however, the players took some great learning from these games extending their skills and competitive teamwork in the pool. Playing off for 3rd/4th place in a full pool was a close game, with a 4-3 loss to St Peter's finishing in 4th place. Awesome result Sharks - Lucy Britten, Miller Ashley, Hugo Dixon, Gus Mount, Amber L'Ami, Iris Fahey, Evie Wood, Grace Paranihi, Flynn Grocott, Chloe Barr. Thanks to coaches Ike and Stanley, and parents Carmen L'Ami and Angela Dixon for their poolside support.

## Futsal Results

Our boys' Futsal teams opened up the Term 2 CZ calendar with a great tournament back on Tuesday of week 2. Our Year 8's had a great outing and managed to finish 3rd overall. Our Year 7 team had some tough matches and walked away having had a great day and a great experience.

Well done to our Year 8 team: London Ridge, Blake Strang, Spencer Strang, Elliot Abplanalp-Ellis, Harry Scott, Oscar Townley, Billy Harcourt and Sam Turner.



Well done to our Year 7 team: Flynn McGregor, Fedde Berry, Dante Lam, Lachlan Reynolds, Blake Cosgrove, Sam Elliot and Jesse Odiase.



## IZ Orienteering

Last term, a few of our CZ orienteering teams had great success at our zone day and qualified for the Inter-Zone orienteering. This went ahead on Monday at Cornwall Park and was represented by one Y7 and one Y8 boys teams.

Both teams had tremendous results, each finishing 3rd in their respective division.

Notable performances on the day included Sam Peters (Y7) being the fastest runner on his particular course with a time of 23:50, with Elliot Peters coming 3rd on his course. George Jacobs (Y8) was the 3rd fastest on his course, with all of our runners finishing very high in the standings.

A massive thank you to our parent helpers on the day.

Well done to our Year 7's: Sam Peters, Elliot Peters, Dante Lam, Fedde Berry and Ben Molloy, and our Year 8's: Isaac Ross, George Jacobs, Ben Young, Billy Harcourt and Thabo Gonzenbach





## Great House Race

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On Friday 12 May, Ponsonby Intermediate held our annual Great House Race! Every student in the school participated for their house in various challenges such as Ping Pong Rally, M&M Chopsticks and Water Transfer. It was a riveting race with Rimu taking out both the Year 7 & and Year 8 races. Shout out to our Councillor Runners for assisting at the challenges and to all the students for making the day such a positive experience. Whole school events like this help us build school culture and house collegiality.

## Burn Bright Leadership Workshop

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Today we had our Burn Bright Workshop to help provide guidance and support to our school wide leadership groups. The students had a great day learning about what it means to be a leader and how they can make their mark in the world.

We will be running another workshop later in the year for some of our other leadership groups and any leaders that missed out.



## Teacher Only Day

**Friday 2 June** all staff from 11 local schools will be attending a Kahui-Ako Staff Only Day at Western Springs College, Waiōrea. It is also King's Birthday weekend, all schools will be closed on Monday 5 June.

## Kids' Lit Quiz

On Wednesday 3rd of May, Ponsonby sent two amazing teams to attend the Kids' Lit Quiz at St Cuthberts. The competition was incredibly close, with 4 points separating 3rd and 1st. The Ponsonby number 1 team (Caoilinn, Harvey, Emily, and Alice) scored 69 points, and came 23rd

overall. The Ponsonby number 2 team (Nikita, Lucia, Ben, and Evie) scored 81 points, tying 3rd with Blockhouse Bay Intermediate. The tiebreaker round was tough and in the end we lost, coming 4th overall. The final places were 3rd to Blockhouse Bay, 2nd to Kowhai, and 1st went to Saint Kents girls. Congrats to our Lit Quiz teams and thanks to Mrs Spencer for training and organising us and to Miss Bennett for transporting us.





## ICAS – repeat notice

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We would like to inform you that Ponsonby Intermediate will be participating in ICAS competitions this year.

What is ICAS?

ICAS is an online academic competition that is designed to assess students' higher order thinking and problem-solving skills in English, Mathematics, Science, Writing, Spelling Bee and Digital Technologies.

Each assessment celebrates students' accomplishments by providing opportunities for recognition and development. Every student who participates will receive a printed certificate and an online results report. Top performers will be eligible for medals.

Learn more about ICAS [here](https://www.icasassessments.com/products-icas). (<https://www.icasassessments.com/products-icas>)

How to participate in ICAS

If you wish for your child to participate in ICAS this year, please:

1. read about ICAS subjects and prices [here](https://www.icasassessments.com/products-icas): (<https://www.icasassessments.com/products-icas>)
2. go to Parent Portal [here](https://shop.icasassessments.com/pages/pps): (<https://shop.icasassessments.com/pages/pps>)
3. enter our school's access code – **ELI254**
4. enter your child's details, select the tests you would like to purchase, then proceed to payment.

After payment is made via the Parent Payment System, you will receive an order confirmation email, please keep this for your records.

You will need to complete the signup before the 31st July 2023.

We will notify you of the date(s) that we run ICAS at the school and when your child's ICAS results are ready. You and your child can access the results once released via the Reports Portal using the TAP ID and pin found on the back of the ICAS certificate.

Please do not hesitate to contact Cherie Bolesworth if you have any questions [cherieb@ponsint.school.nz](mailto:cherieb@ponsint.school.nz)

## Camps 2023 - repeat notice

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The whole school will attend various camps in **Term 4 week 1 (Tuesday 10th to Friday 13<sup>th</sup> October)**. More information regarding camp such as parent help and medical forms will be sent home later this term.

Until then, if you would like to help out on camp, save the dates above and let the form teacher know once the forms have been sent home.

### Camp Fees

The fee for attending camp this year is \$350.00 per student. This amount can be paid online using the link below or at the front office.

If you pay online, please follow the instructions with regards to payment details. You can pay in as many instalments as you like leading up to the due date of September 15th.

<https://www.ponsonbyintermediate.school.nz/online-payment/>

If you have any questions regarding camp, your first point of contact is your child's form teachers.

## Kids-2-Camp- repeat notice

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Throughout the year, we are raising money to sponsor students to attend camp in Term 4.

If you are a parent/caregiver who would like to sponsor a student feel free to follow the link below with the reference 'Kids to Camp'. Your contribution is greatly appreciated.

<https://www.ponsonbyintermediate.school.nz/online-payment/>

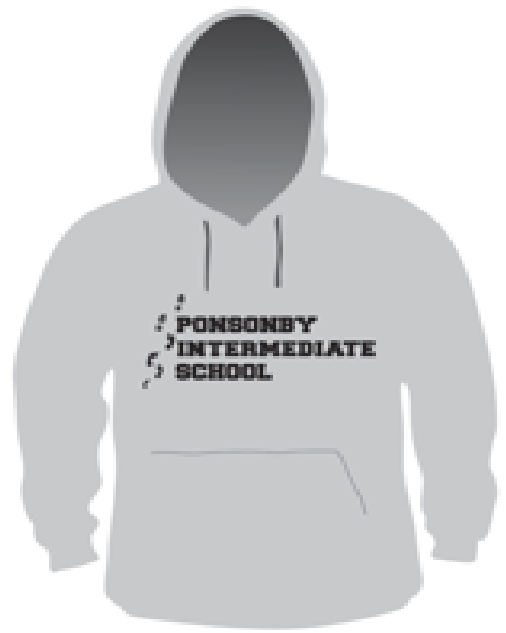
## School Hoodie and New Trackpants

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You can order the jersey (hoodie or sweater) and track pants including our new cotton material track pants using the link below (cotton on the left). Ordering for this garment is now open and will close on **Friday 26<sup>th</sup> May**

Your child also has the option of having their name on the back of the hoodie. Guidelines for the name are outlined on the website. Please read these carefully before placing an order. If you need to try on sample sizes, these are available at the office to try on after school. This top is not compulsory for all students to have, it is a choice and not a required part of the school uniform.

<https://schooluniformcentre.co.nz/ponsonby-intermediate/>



PONSONBY INTERMEDIATE PRESENTS

# BLACK & WHITE *Social*

24TH  
MAY  
2023

6:00PM TO  
8:30 PM

DJ  
DANCING

\$5  
TICKETS

PHOTO  
BOOTH

BUY YOUR TICKETS AT THE ROOM 11 WINDOW  
BEFORE SCHOOL AND AT MORNING TEA



Register for your  
**Open Day Tour**

Email today: [office@ponsint.school.nz](mailto:office@ponsint.school.nz)

**Term 2**

**Open Mornings – Tuesday 9 May, Thursday 1 June  
Tuesday 6 June, Wednesday 7 June**

9:15am - 12:00pm for Year 6 students and parents/caregivers. Students will be invited to come to Ponsonby Intermediate School from 9:15am with their parents/caregivers. This is a chance to see the school in action.

**Term 3**

**Open Morning – Tuesday 25 July**

**Open Evening – Wednesday 26 July**

6:00pm - Tours of the School in action  
6:45pm - Principals address in the Hall

**Open Morning – Tuesday 15 August**

*All welcome.* Bookings only.  
Email [office@ponsint.school.nz](mailto:office@ponsint.school.nz)

**Ponsonby**  
Intermediate School

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For more information:

[www.ponsonbyintermediate.school.nz](http://www.ponsonbyintermediate.school.nz)

Articulate, energised

achievers, ready for the future.



AUCKLAND GIRLS'  
GRAMMAR SCHOOL  
PER ANGSTA AD AUGUSTA

# OPEN DAY

## Tuesday 13<sup>th</sup> June 2023

We invite you to visit our school on Tuesday 13<sup>th</sup> June 2023.  
Our Principal will give a presentation at 9.30am.  
Students will lead tours of the school as part of your visit.

All prospective students for 2024 and their whānau are very welcome to attend.  
We welcome whānau of students interested in enrolling in Ngā Tūmanako o Kahurangi, our Māori Whānau Unit.

Auckland Girls' Grammar School welcomes enrolments from throughout the Auckland region and we hope you will take this opportunity to find out more about us.

Parking is available at Gate 2, Howe Street, Freemans Bay.



Educated at  
Auckland Girls'  
Equipped  
for the World

**MORNING 9.30am – 12.00pm**    **EVENING 6.30pm – 8.00pm**

For more information please phone 307 4180 or email [enrol@aggs.school.nz](mailto:enrol@aggs.school.nz)

### Growth Through Learning

We are open to change, treating each challenge as an opportunity to learn. As life long learners we strive to be the best we can be.

As members of a class, a school and a community, we are part of a whole. We come together from many different cultures to learn from each other.

### Making Connections

### Expressing Ourselves

We explore and share our thoughts, talents, feelings and beliefs because these make us who we are. We get the most out of life when we are true to ourselves.

### Showing Respect for Other People

Because we have confidence in who we are, we are able to appreciate and let others be themselves. We care and support each other inside and outside the classroom.

# Our Values are GEMS