

Important Dates

23 March BoT Meeting

24 March Year 7 EOTC Trips

25 March School Photos Student Led Conferences – Core

26 March MARKET DAY

31 March IZ Swimming EOTC Trips

2 April EASTER Friday No School

5 April EASTER Monday No School

6 April EASTER Tuesday No School

7 April EOTC Trips

9 April Ski/Snowboard Parents Meeting

14 April Councillors' Social, Disco

16 April Showcase @ 1:20pm **Principal's Message**

Students have been receiving financial literacy lessons as part of their Maths programme. This financial literacy education is deliberate and timely as students prepare for **Market Day.**

23 March 2021

The up-coming **Market Day** is always a highlight of the "Ponsonby Experience" and I encourage parents and whānau to attend. It is important to note the entrepreneurial factor involved for the students. We have spent a lot of time at school discussing how their day can be successful. It is a fantastic, authentic learning opportunity to be embraced by our young, forward thinking students. What an excellent example of *Articulate, energized achievers; ready for the future.*

If your child does intend to participate in the Market Day, please support them by talking about profit, loss and the logistics of running their stall. We have a graph showing the type of products/events on offer.

On another note, while many sports teams and student leadership positions have been established, please do not be alarmed if your child has missed out on this initial selection. We continue to add to these positions throughout the year. It is all about perseverance!

Regards,

Nick Wilson Principal

Market Day

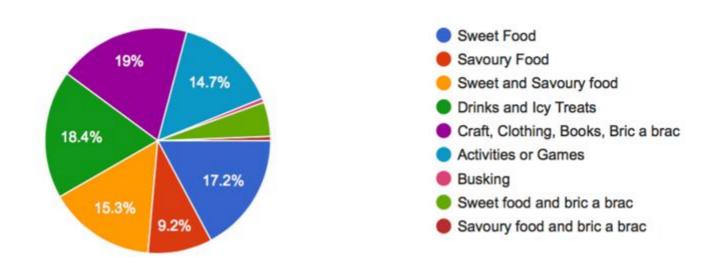
Date: Friday 26th March

Time: 12:30pm – 1:45pm

The organisation for Market Day is almost complete with our school councillors planning how to turn our school into a bustling market.

We ask that parents monitor and assist their children with the planning and organisation, to ensure they are prepared and equipped on the day. We encourage parents and caregivers to come along and assist their children or to simply enjoy lunch and shopping at the market

Here is an indication of the types of stalls we have signed up, there are a total of 167 stalls selling the following:



We have had meetings with the students over the past couple of weeks to teach them about being "business owners".

Parents please talk to your children about the following:

What are your price points for items and what change will you need to have in your float on the day? How much product do you want to sell? How much product do you think you will sell? How much will your product cost to produce vs what you sell it for? Are there many other stalls that are selling the same product as you? How will you transport everything to school on the day and how will it keep? If you are having a stall on your own how will you do some shopping? Can you have everything prepared and set up during Period 4 on Friday to start selling at lunchtime?

What does your sign look like? How can we make this stand out? How will you communicate your stall and price points?

We love to see parents involved in Market Day so please come down and get involved. If you have any questions about Market Day please email kristenr@ponsint.school.nz

Allergies and Market Day – Important Reminder

If your child has a food allergy, please be aware that students who are selling food cannot guarantee that food prep hasn't included certain ingredients.

We suggest that your child avoid homemade or bought foods that might contain substances they are allergic to.

If your child carries an EpiPen, we will encourage them to have it with them while moving around the Market. We appreciate your support with this.

Sports Update

Ponsonby Swimming Sports 2021 – Results

Ponsonby Intermediate Swimming Sports was held on Monday 15 March at Pt Erin pools. The weather didn't disappoint and with students arriving at school in colourful mufti gear to show off their house colours, we were all set for a perfect day! The programme started with Year 7's in the morning, followed by Year 8's in the afternoon. It was impressive to watch so many students, both competitive and non-competitive, getting into the pool to compete - the more events entered, the more House points! Championship events were Open 100m freestyle (timed finals); 33m freestyle, breaststroke, backstroke and butterfly, non-competitive 33m running race event, finishing with the class relays - a highlight for both students and teachers. Shout outs have to go to Mr Bennie, Mr Jardine for their amazing organisation, all staff and student councillors. Thanks to the parent supporters poolside.

Year 7 Girls Finals

Event	1 st Place	Time	2 nd Place	3 rd Place	4 th Place
100m Freestyle	Erika Orbell	1:13.22	Georgia Marshall	Zara Baldwin	Kate Thompson
33m Butterfly	Erika Orbell	27.16	Emma McGrath	Tully Cook	Lottie King

33m Backstroke	Erika Orbell	24.87	Zara Baldwin	Emma McGrath	Georgia Marshall
33m Breaststroke	Erika Orbell	31.15	Kate Thompson	Pip Lee	Georgia Marshall
33m Freestyle	Erika Orbell	22.22	Tilly Howl	Pip Lee	Georgia Marshall
Class Relay	ROOM 28	1:38.44	ROOM 12	ROOM 26	ROOM 15

Year 7 Boys Finals

Event	1st Place	Time	2nd Place	3rd Place	4 th Place
100m Freestyle	Caleb Yin	1:11.29	Connor Webby	Niels van Wijk	Cooper Hagstrom
33m Butterfly	Caleb Yin	23.96	Connor Webby	Dax Pasche	Liam Shipman
33m Backstroke	Caleb Yin	25.31	Connor Webby	Ali Edward	Niels van Wijk
33m Breaststroke	Caleb Yin	28.63	Connor Webby	Dax Pasche	Cooper Hagstrom
33m Freestyle	Caleb Yin	21.65	Connor Webby	Ali Edward	Julian Stevenson

Year 8 Girls Finals

Event	1 st Place	Time	2 nd Place	3 rd Place	4 th Place
100m Freestyle	Victoria Utemova	1:14.15	Eliza Williams	Annabelle Imlah	Tara Milkop-Kerr
33m Butterfly	Victoria Utemova	Jtemova 24.72 Eliza Williams		Mila Alomajan	Annabelle Imlah
33m Backstroke	Victoria Utemova	25.65	Annabelle Imlah	Hana Rylev	Mila Alomajan
33m Breaststroke	Victoria Utemova	28.63	Annabelle Imlah	Tara Milkop-Kerr	Neve Coleman
33m Freestyle	Victoria Utemova	21.69	Eliza Williams	Annabelle Imlah	Emma Rose
Class Relay	ROOM 6	1:37.28	ROOM 22	ROOM 23	

Year 8 Boys Finals

Event	1st Place	Time	2nd Place	3rd Place	4 th Place
100m Freestyle	Troy Blijlevens	1:11.15	Joshua Morris	Joshua Gowing	Gus Iversen
33m Butterfly	Troy Blijlevens	23.33	Joshua Gowing	Joshua Morris	Liam Warner
33m Backstroke	Troy Blijlevens	23.66	Joshua Morris	Liam Warner	Gus Iversen
33m Breaststroke	Troy Blijlevens	30.78	Joshua Gowing	Joshua Morris	Sam Coulter
33m Freestyle	Troy Blijlevens	20.94	Joshua Morris	Aiden Lodge	Joshua Gowing



Central Zone Swimming – Results

Well done to all Swimmers who represented Ponsonby at the Central Zone swim meet last Thursday. Below are the Finals' placings.

Year 7 Boys	Event	Place	Year 7 Girls	Event	Place
Caleb Yin	50m FR	1st	Erika Orbell	50m FR	4th
	50m BkS	1st		50m BkS	1st
	50m BrS	1st		50m BrS	8th
	50m BFly	5th			
	100m FR	5th			
Niels Van Wijk	50m BkS	7th	Tilly Howl	50m FR	8th
Dax Pasche	50m BrS	6th			
Connor Webby	50m FR	6th			
	50m BkS	4th			
Boys Relay	FR Relay	1st	Girls Relay	FR Relay	1st
	Medley	3rd		Medley	5th

Year 8 Boys	Event	Place	Year 8 Girls	Event	Place
Troy Blijlevens	50m FS	2nd	Hana Rylev	50m BkS	8th
	50m BkS	6th			
	50m BrS	4th	Victoria Utemova	50m BrS	4th
	50m BFly	4th		100m FR	5th
	100m FR	3rd			
Boys Relay	FR Relay	3rd	Girls Relay	FR Relay	5th
	Medley	3rd		Medley	5th

Congratulations to these swimmers who qualified for the IZ Swimming Championships coming up on Wednesday 31 March at West Wave Pool. Individual events: Caleb Yin, Erika Orbell, Troy Blijlevens. Relay events:

Year 7 Boys - Caleb Yin, Connor Webby, Ali Edward, Niels van Wijk Year 7 Girls - Erika Orbell, Tilly Howl, Pip Lee, Georgia Marshall

Basketball

Our Basketball season is up and running with two grading games under most teams' belts. A massive thank you to all parent volunteers who have taken on the responsibility of Coach or Manager.

All games/draws can be found here.

https://websites.sportstg.com/assoc_page.cgi?c=1-2857-0-0-0&a=COMPS Any questions please contact Sam Jardine (<u>samj@ponsint.school.nz</u>)

Netball

Netball teams are selected. This season we have 5 Year 7 teams and 5 Year 8 teams entered to play at North Harbour Netball Centre, starting Term 2. Great turnout of parents and players at the netball meeting last week. Big thanks to parents for getting together with your teams to organise the coach, manager roles and to set up training times - awesome job!! **Some teams still need a coach** - if you have contacts or know of any high school students willing to do this, please contact Michelle Murray <u>michellem@ponsint.school.nz</u>

Hockey

Ponsonby Intermediate Hockey teams - 11 Aside and 6 Aside, are entered to play in the North Harbour Intermediate Hockey Competition commencing in Term 2, Tuesday 11 May. Thanks to Sally Wenley for her time selecting the teams. Great to have parents on board to coach and manage the teams, thanks for your commitment. Hockey information is available on the website <u>www.harbourhockey.org.nz</u>

Water Polo - Reminder

Trial 1 (swim) for Ponsonby Intermediate Water Polo selections will be held on Saturday 27 March at Diocesan Aquatic Centre from 11:15am - 12:45pm. Trial 2 (games) day/time will be confirmed.

Ponsonby Intermediate teams will enter to play in the Atlantis City Water Polo Intermediate Central League. Games are played on Fridays at Diocesan or Epsom Girls' (potentially some Sundays if needed). The draw runs from 5pm - 9pm with Grading games starting in Term 2 on Friday 7 and Friday 14 May. Week 1 competition round starts Friday 21 May Term 2, ends Friday 2 July. Term 3 starts Friday 30 July, ending with Finals played on Friday 17 September 2021.

Skiing/Snowboarding

Parent Meeting is on Friday 9 April at 8:30am in the school staffroom. We will be discussing parent roles and responsibilities for training/transport, accommodation, team entries, supervision, payments and any further queries about the event.

Immunisations

Please return your immunisation forms to your form teachers as soon as you can. If your child is not getting an immunisation at school, the health nurses need this information back. If students miss these dates there will be catch up sessions also.

20/05/2021 HPV 1 for the Year 8's will occur (There are two doses for this 6 months apart). 1/06/2021 Boostrix for Year 7's will occur.

School Photos

School photos are happening this Thursday 25th March. Students will have a class photo and individual portrait taken on the day. If you would like your children to have sibling photos taken please get a form from the school office. Students are to be in full school uniform for their photos.

A couple of weeks after the photos have been taken students will bring home a unique Keycode which you can use to view and order your child's photos.

Homework Club

If your child is needing support with their homework we run a Homework Club on Wednesdays in the library from 3.05 - 4pm. Teachers are there to support. Please collect a form from the school office.

Bandana Day

Bandana Day (Friday 26th of March) is a powerful fundraising initiative to raise awareness and support for rangatahi/young people impacted by cancer. Ponsonby Intermediate is selling bandanas for \$5 from the Room 12 window at morning tea this week. These will also be sold at Market Day, and there will be a donations box, all proceeds will be donated to CanTeen.



Hoodie and Track Pants Order

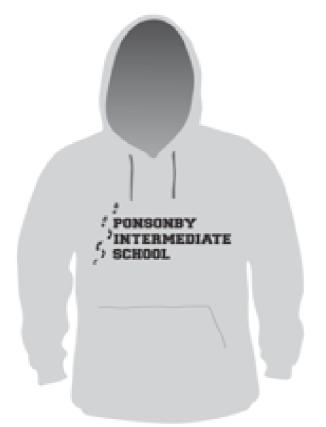
You can order the jersey (hoodie or sweater) and track pants using the link below. Ordering for this garment is open from **1**st **April to 14**th **April**.

Your child also has the option of having their name on the back of the hoodie. Guidelines for the name are outlined on the website. Please read these carefully before placing an order.

If you need to try on sample sizes, these are available at the office to try on before and after school. This hoodie/sweater is not compulsory for all students to have, it is a choice and not a required part of the school uniform.

We also have track pants. The track pants are ordered the same way as the hoodie and are not compulsory but are great for the winter months when doing physical activity. These items will be delivered straight to your home address. Please follow the link below:

https://schooluniformcentre.co.nz/ponsonby-intermediate/

















Register for your pen Day lour

Email today: office@ponsint.school.nz

Term 2

Open Mornings – Tuesday 18 May, Thursday 10 June, Tuesday 15 June, Wednesday 16 June

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ediate School

9:15am - 12:00pm for Year 6 students and parents/caregivers. Students will be invited to come to Ponsonby Intermediate School from 9:15am with their parents/caregivers. This is a chance to see the school in action.

Term 3

Open Morning – Tuesday 3 August

Open Evening – Wednesday 18 August

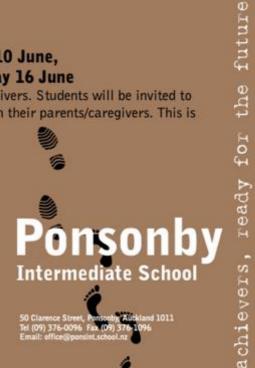
6:00pm - Tours of the School in action 6:45pm - Principals address in the Hall 7:00pm - Ponsonby Performance Evening.

Open Morning – Tuesday 24 August

All welcome. Bookings only. Email office@ponsint.school.nz

For more information:

www.ponsonbyintermediate.school.nz Articulate, energised





OPEN WEEK AT WESTERN SPRINGS COLLEGE – NGĀ PUNA O WAIŌREA

SCHOOL TOURS

School tours with the Principal will take place from Monday 29th March to Thursday 1st April 2021, at 9.15am - 10.30am.

BOOK YOUR SCHOOL TOUR <u>here</u>

A limit of 50 families per tour. Please choose another time if your preferred time is full. If all tours are full, please contact the school office. Completion of this form secures your place for your chosen day. No confirmation email or text will be sent.



Confident Kids

A study by Resilient Youth Australia found that more than half of Australian students lack the skills to deal with life's difficulties. 1 in 3 felt as though they were constantly under strain and over 25% were lacking confidence. Another study found that young people are more resilient at the age of 10 than they are by the time they reach 15... What's going wrong?

Across the ditch here, we're not doing much better. 1 in 5 young people in New Zealand will be affected by depression before the age of 18 and almost 1 in 5 will meet the criteria for an anxiety disorder by the time they are 19.

I've heard some people describe today's youth as 'the fragile generation'. We simply need to do more for our young people. We need to help them develop their resilience – the ability to cope, and even to thrive, in the face of challenges or difficult events.

Resilience leads to a greater sense of purpose or hope for the future. With improved problem solving skills, increased feelings of agency and responsibility, and higher self-regard. On the other hand, a lack of resilience interferes with academic progress, social skills and general life skills.

Resilient kids are confident kids – they have grit, determination and healthy attachments.

And confident, resilient kids are grown,.. they're trained.

Enter Confident Kids... an age-appropriate physical training programme to build resilience, increase confidence, foster social skills and develop grit. Designed to periodically stretch them out of their comfort zones, while ensuring they're still having fun, Confident Kids teaches resilience, while coaching the development of communication skills.

Running for the length of a school term, Confident Kids sessions happen twice weekly and can take place during school hours, after school or at lunchtime. All of the equipment needed is provided – they just need to bring themselves.

About Joshua Francis If you had met Joshua as an adolescent, you would have encountered a very different person to the one who exists today. Following a turbulent and insecure childhood, by the time Joshua entered adolescence it's unlikely he would have looked at you while you were speaking to him – his eyes would have been glued to the floor!

When Josh was 11 years old, his parents decided he needed a sport; Josh was adamant that it would be boxing. He soon started training and has seen (and felt!) the incredible transformation this has had on him since. Josh has not only grown in confidence, he's been taken under the wing of Olympic boxing coach, Cameron Todd; won a Golden Glove; turned professional and amassed an impressive professional record under Shane Cameron; and is now a proud business owner – having developed the Confident Kids Programme to change the lives of many more young people.

In Josh's years of training, competing and teaching other young people, he is most proud of the positive improvement and transformative effect he's had on people's lives.

For more information, please contact Josh Francis - joshuafrancisclark@gmail.com

Ponsonby Learning Pathway **Our Vision** Articulate. energised achievers; New Zealand Ponsonby ready for the future Curriculum Community At Ponsonby Intermediate we value: Showing Expressing Making Growth **Respect for** Ourselves **Connections:** Through Learning other People We explore and share our As a member of a class, a We are open to change, school and a community, Because we have confidence thoughts, talents, feelings treating each challenge as an and beliefs because these we are part of a whole. in who we are, we are able to opportunity to learn. As life make us who we are. We come together from appreciate and let others be long learners we strive We get the most out of themselves. We care for, many different cultures to be the best and support each other, life when we are true to learn from we can be. to ourselves. inside and outside each other. the classroom. Personalising Our Path Habits of Mind • Quality Learning Circle • Te Reo • Gifted and Talented • SMART Target Learning Journals Positively Ponsonby Inquiry Model Specialist Teaching Ponsonby Passports Student Council Art/Culture Weeks Direct Vocab Information Landscape • R.E.E.P. • E.O.T.C. • ESOL • S.S.R. • Options • Camps B-Cool Reporting to Parents Professional Development Appraisal Tools for Learning • Planning • Overviews • Curriculum Reviews • Mentoring Keys to Success Critical Thinking Kori Habits of Mind MART Targets Kev Competencies Humanities Mathematics English The Arts Technology Thinking Thinking Thinking Thinking Thinking Managing Self Relating to **Relating to Others Relating to others** Using language **Using language** . symbols and text symbols and text **Managing Self** . **Managing Self Managing Self** Managing Self Others Participating and Contributing

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